

**Now OPEN!**



**New  
Schedule  
Effective  
March, 1st**

## **WOMEN'S *Exotic* WORKOUT**

10306 Ellison Circle - 2 blks N. of 103rd & Fort

Yoga ♦ Pole Dancing ♦ Belly Dancing

### **ALL CLASS STUDIO SCHEDULE**

DAY	CLASS	INSTRUCTOR	TIME
Monday	Yoga	Adena	9:15 - 10:30 a.m.
	W.E.W.	Adena	6:45 - 8:15 p.m.
Tuesday	Yoga / Fusion	Adena	5:45 - 6:30 p.m.
	W.E.W.	Adena	6:45 - 8:15 p.m.
Wednesday	W.E.W.	Adena	6:45 - 8:15 p.m.
Thursday	Yoga / Fusion	Adena	5:45 - 6:30 p.m.
	W.E.W.	Adena	6:45 - 8:15 p.m.
Friday	Toning ~ Yoga	Adena	9:15 - 10:30 a.m.
Saturday	Yoga	Adena	9:15 - 10:30 a.m.
	Belly Dancing	Della	11:00 - 12 noon
	W.E.W.	Adena	12:15 - 1:45 p.m.

Friday, Saturday afternoon/evenings & Sundays reserved for Private Lessons, Girl's Night Out & Bachelorette Party Events ~ book your special event today!

<b>PRICING</b>	CLASS	DROP-IN	SESSION*
	1½ hr. W.E.W.	\$25	\$18
	Yoga	\$12	\$10
	Yoga / Fusion	\$10	\$7

\* Please call for pricing & details

**CALL TO  
RESERVE  
YOUR SPOT  
TODAY!**

Join a session in progress any time! No need to wait for a new session! There is usually at least one new participant in every W.E.W. class—try it today!

402.934.4500 [adena@womensesotericworkout.com](mailto:adena@womensesotericworkout.com)  
[www.WomensExoticWorkout.com](http://www.WomensExoticWorkout.com)